

You can help reduce your impact on climate change by making small changes in your daily life

If everyone takes just *small* actions, we can collectively make a *HUGE* difference in reducing our CO₂ emissions.

There are thousands of ways you can reduce your climate change impact

Here are a few quick things that you can do to get started. Once you feel confident, see if there's anything else you can do to help reduce your carbon emissions.

Save energy in your home

You can...

...lower your heating by 1 degree. This can save you money too.

...replace old boilers with more energy efficient models, or use air and ground source heat pumps.

...air-dry clothes instead of using a tumble dryer.

It'll save on maintenance costs as well.



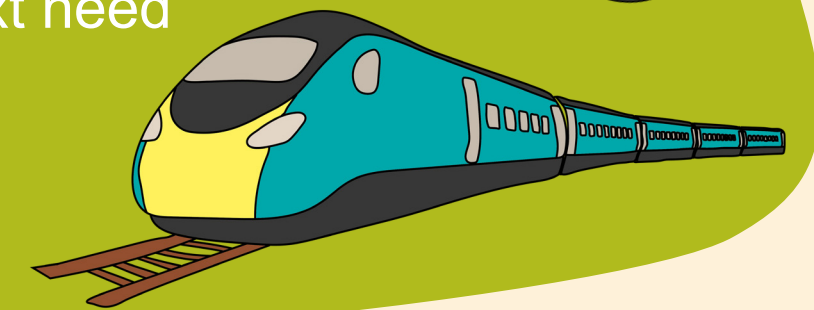
Change the way you travel

You can...

...take the bus or train instead of driving, if convenient.

...walk or cycle to work. Many employers have a cycle scheme to help with purchasing a bike.

...opt for an electric or hybrid car when you next need to upgrade. Or make sure the vehicle is rated as a low-emission model.



STOP CLIMATE CHANGE!

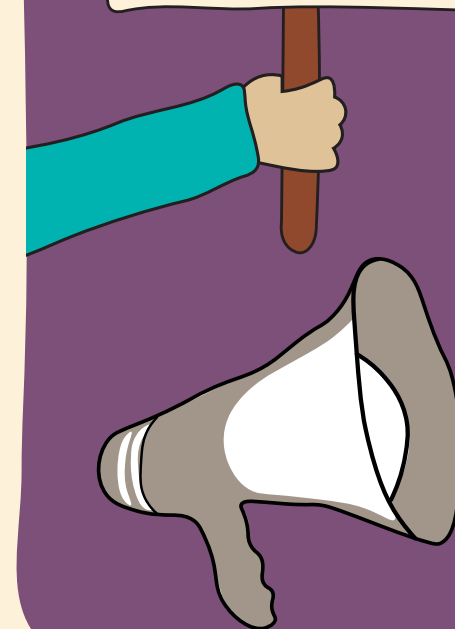
Use your voice

You can...

...contact your local MP and tell them how important action on climate change is.

...join a social movement and campaign to the government to make climate-friendly policies the norm.

...put pressure on businesses and organisations to start their own journeys to reduce their carbon emissions.



Don't forget to check our 'Love it for Longer' resources to see how you can reduce your carbon emissions and waste in other ways too!